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The Role of Oligomeric Alpha Synuclein, Tau, and Amyloid Beta in Neurodegenerative Diseases

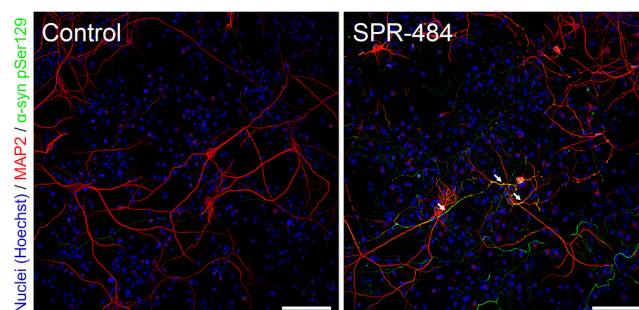
The conversion of protein monomers into soluble oligomers and ultimately more complex fibrillar structures is common to virtually all neurodegenerative diseases. However, while the higher-order proteins were once considered the main species responsible for neurodegeneration, the oligomeric intermediates are now thought to be more toxic.¹⁻³ As a result, protein oligomers have become essential tools for studying neurodegenerative pathology. StressMarq Biosciences is a leading provider of oligomeric protein constructs for neurodegenerative disease research, as evidenced by product citations in many peer-reviewed scientific journals. This article explores the role of protein oligomers in neurodegenerative disease and explains how StressMarq's products can be used for disease modeling in drug discovery and pre-clinical investigation.

The central role of oligomers in neurodegeneration

Neurodegenerative disorders such as Alzheimer's disease (AD) and Parkinson's disease (PD) are characterized by cognitive decline, impairment of motor skills, and reduced functional capabilities, which result from the progressive loss of neurons within the brain. While the precise causes of neurodegeneration have yet to be determined, abnormal protein aggregation is believed to be a major contributing factor. The oligomers formed from monomeric alpha synuclein (α -synuclein), tau, and amyloid beta (A β) are of particular interest to researchers since they have been linked to some of the most common neurodegenerative conditions.

Alpha synuclein oligomers

Alpha synuclein, encoded by the SNCA gene, is a 14 kDa protein that is expressed ubiquitously in neurons. Although its physiological function is unclear, suggested roles include regulation of the SNARE complex, which controls neurotransmitter release in the pre-synapse. Alpha synuclein was first associated with PD in 1997, when a point mutation (A53T) in SNCA was correlated with familial disease. It is now known that PD pathogenesis involves the aggregation of

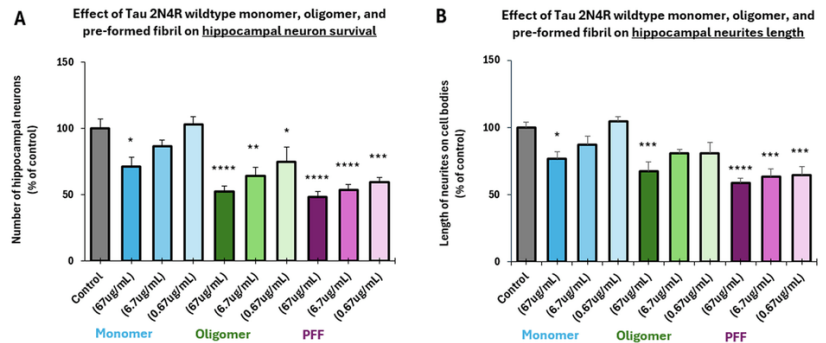


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α -synuclein monomers into soluble oligomers that can spread throughout the brain. Here, they act as seeds for further monomers to oligomerize and may also form larger insoluble intracellular fibrils with a predominantly beta sheet structure, such as those found in Lewy bodies.

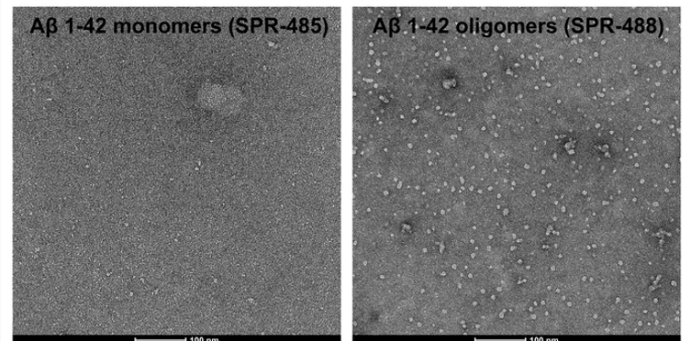
Tau oligomers

Tau, encoded by the MAPT gene and expressed as six different isoforms due to alternative splicing, is a microtubule-associated protein that serves to stabilize the neuronal cytoskeleton and facilitate the axonal transport of nutrients and other molecules. During the development of AD and other so-called tauopathies, tau becomes hyperphosphorylated and loses its affinity for microtubules, resulting in the formation of soluble tau oligomers. These diffuse throughout the brain, exerting their toxic effects through mechanisms that include destabilizing microtubules, disrupting synaptic function, and triggering chronic inflammation. Additionally, tau oligomers can give rise to insoluble intracellular neurofibrillary tangles (NFTs), one of the key pathological hallmarks of AD.



Amyloid beta oligomers

Amyloid beta is a 4 kDa peptide derived from cleavage of the amyloid precursor protein (APP), a transmembrane protein that is widely expressed and has roles including synapse formation, neural plasticity, antimicrobial activity, and mineral transport. Under normal conditions, A β peptides are cleared from the brain via mechanisms that include internalization and degradation by microglia. However, in AD, A β peptides accumulate and can assemble into oligomers. These impair neuronal function through binding to synaptic receptors, which leads to their degradation, and disrupting signaling by key neurotransmitters, including glutamate and acetylcholine. A β oligomers may also trigger inflammatory immune responses and perturb cellular homeostasis, as well as give rise to the extracellular amyloid plaques that characterize AD brain pathology.



Oligomers as targets for drug development

Mounting evidence suggests that α -synuclein, tau, and A β oligomers may be more relevant targets for drug development than the aggregates they give rise to, owing to their enhanced toxicity. For example, a comparison of small α -synuclein oligomers and larger fibrillar species showed the oligomers to cause a greater neuroinflammatory response when added to microglia cells *in vitro*.⁴ And a study in which various tau species were incubated with neuroblastoma cells to assess cytotoxicity and seeding behavior found the tau oligomers to be more potent than the mature fibrils.⁵ In addition, multiple late-stage trials in AD have indicated that inhibiting A β oligomer toxicity represents an effective approach to slow or stop disease progression.⁶ Moreover, because oligomers are produced before their larger counterparts, they could potentially be used as early biomarkers for neurodegenerative disease. For instance, it has been suggested that oligomeric tau be added to the panel of cerebrospinal fluid (CSF) markers used for diagnosing AD.⁷

Oligomers for neurodegenerative disease research

A main challenge faced by researchers studying neurodegenerative disease lies in generating and stabilizing toxic *in vitro* oligomers.⁴ To help advance neurodegeneration research, StressMarq Biosciences has developed an extensive range of protein constructs, which includes α -synuclein, tau, and A β oligomers, as well as a comprehensive selection of monomers and pre-formed fibrils (PFFs).

One way in which StressMarq's products are used involves seeding oligomers into a solution containing the corresponding monomer and a small molecule drug, then monitoring fibril formation with Thioflavin T, which emits a strong fluorescent signal upon fibril binding. Other popular methods include evaluating neuron survival and/or neurite outgrowth following the addition of oligomers to cells grown in culture, and performing live-cell imaging to track the uptake of fluorescently labeled oligomers.

To safeguard experimental accuracy and reproducibility, all of StressMarq's neuroproteins are subject to rigorous quality control. Oligomeric structures are confirmed via size-exclusion chromatography (SEC) and AFM/TEM imaging, and all protein batches are tested for sterility and endotoxin.

To learn more about StressMarq's alpha synuclein, tau, and amyloid beta oligomers, visit stressmarq.com/PFFs

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About the Author

Emma Mason is the founder and director of Cambridge Technical Content Ltd, based in the U.K. Since graduating with a bachelor's degree in biology from the University of Kent at Canterbury in 2000, she has gained extensive experience developing and running immunoassays within companies including Millennium Pharmaceuticals, AstraZeneca and Cellzome. She now produces a wide range of scientific content, including regular features for Biocompare.